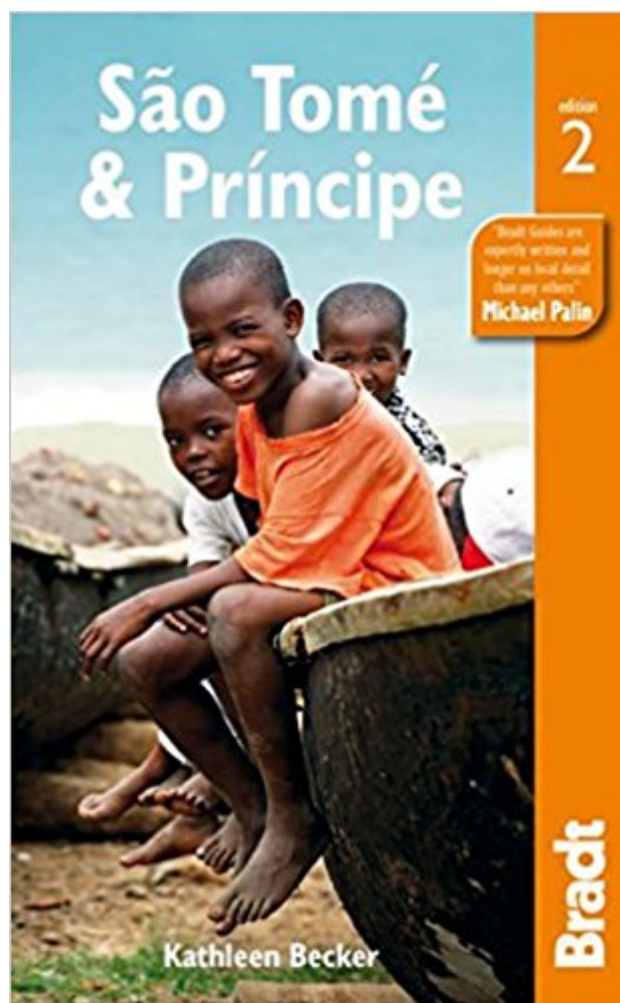


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Sao Tome & Principe (Bradt Travel Guides)



Synopsis

Marooned off the coast of Gabon, the volcanic islands of São Tomé & Príncipe are a largely undiscovered, uniquely rewarding and safe destination with an exciting blend of African, Portuguese and Caribbean cultures. Explore secluded beaches and colonial plantation houses; spot endemic rainforest birds and learn about medicinal plants; scale the Pico and dive in toasty waters; taste the world's best chocolate; watch turtles hatching and get into the laid-back, 'Iãve-Iãve' Santomean groove. This remains the only dedicated guide to this island paradise.

Book Information

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Customer Reviews

Observe endemic birds at Obã National Park
Scramble up the Pico de São Tomé
Check out the colonial architecture and cool culture of São Tomé city
Lounge upon picturesque Banana Beach
Taste single-estate chocolate from the Cocoa Islands
Lying just off the western coast of Africa, the diminutive islands of São Tomé and Príncipe remain unspoilt by mass tourism, making the former Portuguese colony the perfect place for adventure. Immerse yourself in local culture as you explore deserted white-sand beaches, misty rainforests, and crumbling plantations. Bradt's São Tomé and Príncipe is the only stand-alone guide to the islands. In this

comprehensively updated second edition, Kathleen Becker provides priceless insider information leading you to hiking trails that meander past thundering waterfalls, to the very best spots for diving or turtle watching, and to a wide range of accommodation and restaurant choices to suit all budgets.

Author Kathleen Becker combines her infectious enthusiasm and her considerable experience to reveal the delights of Sao Tom and Principe, the antithesis of a mass-market destination.

Absolutely the best guide ever written. Complete and exhaustive, rich in both practical informations and curious facts: you can literally find anything you need here. And writing's style is ironic and fresh, very pleasant to read.

My respect to the author of this guidebook. The guidebook covers E-V-E-R-Y-T-H-I-N-G there is to know about Sao Tom and Principe: from logistics, lodging and eating to sightseeing; from culture to the good, the bad and the ugly. There is even a chapter about buying property, so this tells you how thorough it is. Even though it has few pictures, the author has the power, with her writing, to "transport" you to each island. I visited Sao Tom and Rolas island last year using this guidebook, and the only surprise what that of visiting an off the beaten path destination that felt unaware of modern times.

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